

SUBLIMATABLE FABRIC NOTEBOOK

FNB14

Recommended Equipment

- Standard Flat Heat Press
- Teflon Sheet(s) or Blowout Paper
- Heat Tape
- Optional: Foam Pad

Recommended Settings

- Time: 90-110 seconds
- Temperature: 360-370°F
- Pressure: Light/Medium Pressure

General Sublimation Instructions

- Preheat heat press to 360-375°F. Set pressure to light/medium pressure. Set press time to 90-110 seconds.
- Place Teflon sheet or blowout paper on the bottom platen of your heat press.
- Place the fabric cover face-down onto the printed sublimation transfer paper. Secure the cover to the paper with heat tape.
 - Place the heat tape onto on the fabric edges of the cover to avoid damaging the paper backing of the notebook cover.
- Place the fabric cover with attached transfer sheet onto the heat press with transfer paper face up.
 - Optional: For best results, first place a foam pad onto the heat press platen before placing the fabric cover. Adjust the press pressure so that the foam gets compressed to approx. ½ it's normal thickness when the press is closed.



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- Place another sheet of Teflon or blowout paper on top of the transfer paper.
- Close and press for recommended time.
- When finished, open the press and remove the fabric cover.
- Remove the transfer paper from the fabric cover and discard.

Notes:

- Both the front and back covers included with this notebook can be sublimated.
- The back sides of both covers are paper and cannot be sublimated.
- To avoid creases in the fabric of the covers, make sure the sublimation transfer paper is larger than the fabric covers so that the edges of the paper overlap past the edges of the covers.
- In some cases, the fabric cover may warp or bow slightly after it is removed from the press. If this occurs, allow the cover to cool to room temperature and then gently and lightly flex the cover back against the warp to help flatten the cover back out. Careful not to bend or kink the cover. Once carefully bent back flat, the cover will then remain flat.